

How can CAREGIVER SUPPORT SERVICES help?

If you don't know where to start or could use some help navigating the care service industry, Caregiver Support Services proudly provides the following direct services:

- Employee Case Management Program
- First Aid/CPR
- 20-hour Personal Assistance Training (PAT)
- 40-hour Medication Aide Training
- 76-hour Nursing Assistant Training
- Customized Corporate Caregiving Program
- Information and Referral

Contact Caregiver Support Services at:

3610 Dodge Street, Suite B400
Omaha, NE 68131

Phone (402) 502-1764

Fax (402) 614-8835

E-mail caregiversupport@aol.com

Visit our web site at:

www.caregiversupportservices.org and
take a free Stress and Capacity Assessment

Be good to yourself. You are doing a tough job and you deserve the best support.



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CAREGIVER SUPPORT SERVICES



Support services for family
and professional caregivers

ABOUT THE CAREGIVER SUPPORT SERVICES

Caregiver Support Services is a non-profit, full-service training and support center for employed family caregivers and front-line direct care workers. Since its founding in 1996, Omaha, Nebraska-based Caregiver Support Services has been a home and community-based pioneer and innovator, offering family caregivers and front-line direct care workers, caregiver-friendly trainings in the form of Nursing Assistant, Medication Aide and First Aid/CPR. Visit www.caregiversupportservices.org or e-mail us at caregiversupport@aol.com for more information or assistance.



WHERE TO START

Step 1: Assess Your Situation

Step 2: Develop a Plan

Step 3: Execute Plan

Step 4: Take Care of YOURself

If you can fill in the blanks to these steps you have taken a positive step towards a positive outcome. You may contact Caregiver Support Services during anyone of these four steps for assistance.

TRAINING PROGRAM DESCRIPTION

Our home and community-based trainings combine both clinical and best practices to support family caregivers and personal care assistants working to keep a loved one or client in the home for as long as possible. Caregiver Support Services is proud to offer a time-tested "training process" that will strengthen your skill set and confidence to assist those in need of personal care. With one-to-one training, caregivers are afforded the opportunity to hone in on skills necessary to provide the very best care to a loved one or client in the home or traditional long-term care setting.

EMPLOYEE CASE MANAGEMENT PROGRAM DESCRIPTION

The goals of the Employee Case Management Program are to assist organizations with managing their bottom-line when it comes to supporting employed caregivers.

Our Employee Case Management Program offers the following:

- An organizational assessment of how caregiving affects your bottom-line.
- Individual assessments for your employee who provides personal care.
- A follow up meeting to develop an individualized plan of action to address employee's specific caregiving challenges.
- A professional to answer questions and make all of the phone calls & coordinate activities for your employee.

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